

8-HOURS (OVERNIGHT) URINE COLLECTION – Urinary Microalbumin

Container

- ❖ 1x Collection bottle

It is essential that urine specimens are carefully collected for accurate laboratory results. If you have any further questions on how to collect the specimen, please ask our staff.



Instructions for Collection

1. Empty your bladder at approximately 10:00 pm and record the time on the bottle provided. Ensure that your full name is clearly written/visible on the collection bottle.
2. Collect all subsequent urine samples into the collection bottle, up-to and including the final specimen, which is to be collected at approximately 06:00 am.

PLEASE ENSURE THAT YOU HAVE ALL COLLECTED ALL THE URINE PRODUCED WITHIN AN 8-HOUR PERIOD.

3. The collection bottle should be kept in a cool place during collection.
4. Bring the collection bottle to your respective doctor, collection room, or directly to the Laboratory within 4-hours after the collection has been completed.

PLEASE TELEPHONE OUR LABORATORY ON:

1300 265 000

IF YOU NEED ADDITIONAL ADVICE REGARDING THE COLLECTION OF THE SPECIMEN.