

Container

- ❖ 1x Sterile urine jar.



Instructions for Collection

- ❖ DO NOT clean genital area.
 - ❖ You MUST NOT have passed urine for at least 2 hours.
 - ❖ The first stream of approximately 10-15mls of urine MUST be collected into the sterile container.
1. Wash your hands first.
 2. Collect a small amount of urine directly into the container. The jar should contain at least 10-15mls urine or $\frac{1}{4}$ full.
 3. The jar should be held on the outside of the container. The inside of the jar and lid are *sterile* and should NOT be touched by skin or fingers.
 4. The lid is firmly screwed on the container.
 5. Label the container clearly with your full name, date of birth and time of collection.
 6. Return the sample to your doctor, collection centre or the laboratory as soon as possible on the day of the collection.

PLEASE TELEPHONE OUR LABORATORY ON:

1300 265 000

IF YOU NEED ADDITIONAL ADVICE REGARDING THE COLLECTION OF THE SPECIMEN.