

Collection of Mid-Stream Urine (MSU) for Microscopy & Culture – FEMALE PATIENTS

Container

- ❖ 1x Sterile urine jar or paediatric urine bag.



Instructions for Collection

1. Wash your hands first.
2. Prepare by opening the sterile container and placing it where it be reached conveniently.
3. Sit well back on the toilet (with the seat up). Part the skin folds (labia).
4. With the skin folds (labia) still apart, pass the initial amount of urine into the toilet and then, without stopping the stream, pass the container under and collect enough urine so as to half-fill the container. The rest of the urine is passed into the toilet.
5. Place the lid securely on the container and ensure it is not cross-threaded to prevent leaking of sample during transport.
6. Label the container with your full name, date and time of specimen collection.
7. Return the sample to the Collection Centre as soon as possible, on the day of the collection. *If there is a delay, refrigerate* the sample.

PLEASE NOTE: The two most important points when collecting Mid-Stream Urines are:

1. Keep the labia parted until the urine sample is collected.
2. Allow a continuous stream while collecting the urine sample.

A small, sterile plastic bag may be taped to the perineum after cleaning to retrieve a specimen during the next urination. The specimen can then be transferred into a sterile jar and returned to the collection centre as soon as possible.

PLEASE TELEPHONE OUR LABORATORY ON:

1300 265 000

IF YOU NEED ADDITIONAL ADVICE REGARDING THE COLLECTION OF THE SPECIMEN.