

Semen Analysis – POST VASECTOMY

Special Requirements

Prior to collecting sample:

- ❖ Please contact our laboratory to find the nearest collection centre or laboratory facility so that we can arrange a convenient time for the sample to be delivered.

How to prepare for the test?

- ❖ It is important to remember that the timing of the sample collection and delivery to the laboratory is critical to ensure the most accurate results. **The specimen must reach the laboratory within two (2) hours of collection**, so plan your test and delivery of sample to the laboratory accordingly.
- ❖ The first specimen after the vasectomy procedure is to be collected at three (3) months and after at least 20 ejaculations. Subsequent specimens, if required, are to be collected as per your doctor's instructions.

Collecting the sample

1. The preferred method for sample collection is via masturbation.
2. DO NOT use condoms, lubricants, talcum powder, saliva or any product that may contain spermicidal agents, as these materials will interfere with the test results.
3. We recommend you ejaculate directly into the provided jar.



BEFORE COLLECTING THE SEMEN SAMPLE:

4. Shower and wash your hands with soap and water.
5. Ejaculate directly into the sample jar. Try to capture the ejaculate including the first part; do not attempt to collect any spilled sperm. Other methods such as interruption of intercourse are not suitable as there can be loss of the first portion of the semen sample.
6. Cap the container as soon as you have finished. Make sure that your Full Name, Date of Birth and Time of Collection is clearly labelled or printed on the specimen jar.

Semen Analysis – POST VASECTOMY**Transporting the sample**

7. If you collect the sample in a location other than the laboratory, you need to transport it to the laboratory within one (1) hour and no later than two (2) hours after ejaculation, as sperm will not survive for long and rapidly die outside the body and at different temperatures. Delays in delivering semen samples and exposure to temperatures outside the human body will result in lower overall motility assessment and sperm counts.
8. The semen sample should be kept as close to the body temperature as possible. The best way to transport sample to the laboratory is by keeping the sample next to your body during transport.

Patient Details for Post Vasectomy Semen Analysis

Collection Date:

Collection Time:

Difficulty in collection:	<input type="checkbox"/> Yes
	<input type="checkbox"/> No
Fully complete sample:	<input type="checkbox"/> Yes
	<input type="checkbox"/> No

Abstinence (in days):

Medication:

Date of Vasectomy:

SURNAME:

GIVEN NAME:

DATE OF BIRTH:

PLEASE TELEPHONE OUR LABORATORY ON:

1300 265 000

IF YOU NEED ADDITIONAL ADVICE REGARDING THE COLLECTION OF THE SPECIMEN.