



PATIENT INSTRUCTIONS FOR THE COLLECTION OF STOOL SPECIMENS FOR OCCULT BLOOD

1. You are given three brown lid, white plastic containers.
2. Collect one stool sample each on three days (use one container for each collection)
3. For 48 hours before collection avoid:
 - a) Red meat and certain raw fruits and vegetables especially melon, carrots and radish.
 - b) Avoid intake of iron supplements and vitamin C;
 - c) Avoid alcohol and drugs such as Aspirin, corticosteroids, NSAIDS should not be taken;
 - d) Collect a small amount in the container and close lid firmly;
 - e) Label the container with your name, date of birth and the date of collection. Deliver to the nearest collection centre or to your doctors surgery for transport arrangements.

For Further Inquiries or additional information regarding this testing procedure you can either speak directly with the attending pathology collector or by contacting the main laboratory Customer Service Department on 1300 265 000.