



# PATIENT INSTRUCTIONS FOR THE COLLECTION OF URINE FOR CYTOLOGY

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1. When you get up in the morning, empty bladder into the toilet.
2. Over the next two hours drink as much water as possible, passing urine into the toilet as necessary.
3. At the end of the 2-hour period completely empty your bladder into the toilet.
4. Thirty (30) minutes later after completely emptying your bladder collect a urine specimen into a yellow-topped jar; making sure the jar is at least half full.
5. Collect a sample on three (3) separate mornings following the exact instructions referred to above. It is preferred that each specimen be dropped off at the surgery or the nearest collection centre each day as soon possible after collection.

## **NOTE**

Ensure staff has given you 3 yellow-topped containers and three request forms which need to accompany the specimen.

For further inquiries or additional information regarding this testing procedure you can either speak directly with the attending pathology collector or by contacting the main laboratory Customer Service Department on 1300 265 000.